



# Altars: Bringing Sacred Shrines into Your Everyday Life

By Denise Linn

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## Altars: Bringing Sacred Shrines into Your Everyday Life By Denise Linn

"The creation of an altar is a sacred act, an act of power and grace. For a few timeless minutes you enter a dimension beyond ordinary reality, where light, sound, and energy merge into an exquisite state of being."

The human urge to create physical sacred centers for our lives is so deep that we often create them unconsciously. Photos on the dresser, personal objects on our desk or around the computer are tangible tokens of our longing for balance and wholeness--and of our attempts to strengthen connections between our loved ones, nature and community, and other great sources of spiritual power.

The internationally acclaimed author of Sacred Space, Denise Linn, speaks directly to this primal need for hallowed and holy places. In Altars, she demonstrates in photos and text how you can further enrich the areas around us at home or in the office by creating unique shrines for personal devotions, intimate centers for healing and contemplation. Beautifully illustrated and thoroughly practical, Altars shows how to

- Create personal altars for prayer and devotion, stillness and listening, loss and mourning, relationships and love, and connecting with the life energy
- Find the right place to install a home shrine, according to the points of the compass and the ancient and honored principles of feng shui
- Select altar objects that are particularly suited to your special needs
- Purify yourself and your altars with incense, prayers, drumming, and chanting
- And much more!

Everyone who yearns to draw near the mysterious and wondrous, to infuse ordinary moments with sacred meaning, will find a great wealth of beauty, inspiration, and wisdom in this unique book.

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The internationally acclaimed author of *Sacred Space*, Denise Linn, speaks directly to this primal need for hallowed and holy places. In *Altars*, she demonstrates in photos and text how you can further enrich the areas around us at home or in the office by creating unique shrines for personal devotions, intimate centers for healing and contemplation. Beautifully illustrated and thoroughly practical, *Altars* shows how to

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## **Altars: Bringing Sacred Shrines into Your Everyday Life** By Denise Linn Bibliography

- Sales Rank: #157508 in Books
- Brand: Wellspring/Ballantine
- Published on: 1999-10
- Released on: 1999-10-05
- Original language: English
- Number of items: 1
- Dimensions: 9.50" h x 8.25" w x .75" l,
- Binding: Hardcover
- 160 pages

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### Editorial Review

#### Amazon.com Review

This beautifully written book offers instruction and inspiration to those who want to integrate altars into their daily lives. Author Denise Linn (*Sacred Space, Quest, Sacred Legacies*) helps readers become more conscious of what they are already unconsciously doing: creating altars in the kitchen corners, on shelves, and in other everyday spaces in their homes. "The urge to create sacred spaces is so deep in the human psyche that, even when there is no formalized intent to make an altar, we often create them subconsciously by the way we gather our photos on a piano, or by the way we carefully arrange objects on a desk or around a computer," Linn writes.

Linn suggests how to create altars with specific events or agendas in mind (i.e., holiday, vacation, or birthday altars filled with symbols of hope for the coming year). She also offers ideas for creating altars that honor new relationships, births, deaths, and other rites of passage. Exquisite color photographs make this a stunning resource for your home and spirit. --*Gail Hudson*

#### From Library Journal

Linn, author of the equally beautiful *Sacred Space*, has created a kind of how-to sequel to that book. Her guide, illustrated with more than 100 color photographs, shows the reader how to construct, decorate, and consecrate personal altars, with symbols and images from all traditions. Her attractive and simply written work should have a strong appeal to the extrainstitutional spiritual seeker and reader. For most collections. Copyright 1999 Reed Business Information, Inc.

#### From [Booklist](#)

Altars, Linn says, are spaces consciously arranged with a spiritual--and, for her, a psychological--intent. In cultures in which spirituality is less circumscribed, less divorced from mundane life, people create altars naturally in the home and the workplace. Some of this altar-building is unconscious, but that it is altar-building becomes obvious when, for instance, one changes the arrangement of family photos on a coworker's desk, much to that person's discomfort. Linn urges us to make altars deliberately, whether they be ancestor altars for recalling the beloved dead, creativity altars for encourage visitation by the muse, or love altars to attract and encourage relationships. She offers numerous suggestions of artifacts for and arrangements of altars, so that this is not a cookbook of the spirit but a resource list meant to spur thoughtful construction. Lavishly and beautifully illustrated, *Altars* should prove quite popular with New Age readers. *Patricia Monaghan*

### Users Review

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##### Alfred Hoover:

Typically the book *Altars: Bringing Sacred Shrines into Your Everyday Life* will bring someone to the new experience of reading a book. The author style to clarify the idea is very unique. If you try to find new book to read, this book very ideal to you. The book *Altars: Bringing Sacred Shrines into Your Everyday Life* is much recommended to you to study. You can also get the e-book from official web site, so you can easier to read the book.

**Marcus Casale:**

Altars: Bringing Sacred Shrines into Your Everyday Life can be one of your beginner books that are good idea. Many of us recommend that straight away because this publication has good vocabulary that can increase your knowledge in terminology, easy to understand, bit entertaining however delivering the information. The writer giving his/her effort to place every word into satisfaction arrangement in writing Altars: Bringing Sacred Shrines into Your Everyday Life yet doesn't forget the main position, giving the reader the hottest in addition to based confirm resource details that maybe you can be one among it. This great information may drawn you into brand new stage of crucial pondering.

**Joni Thompson:**

Are you kind of active person, only have 10 or even 15 minute in your time to upgrading your mind expertise or thinking skill even analytical thinking? Then you have problem with the book compared to can satisfy your small amount of time to read it because all this time you only find guide that need more time to be go through. Altars: Bringing Sacred Shrines into Your Everyday Life can be your answer given it can be read by an individual who have those short spare time problems.

**Chad Davis:**

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