



# Clinical Manual of Child and Adolescent Psychopharmacology, Second Edition

*By Molly McVoy M.D.*

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## **Clinical Manual of Child and Adolescent Psychopharmacology, Second Edition** By Molly McVoy M.D.

This new, thoroughly revised second edition of the Clinical Manual of Child and Adolescent Psychopharmacology is designed to help clinicians provide state-of-the-art care to their patients and keep up to date with the most recent research. It reflects the reality that child and adolescent psychiatry in general, and psychopharmacology in particular, are rapidly progressing fields that are advancing in multiple directions at once. Because pharmacokinetic processes in children and adolescents can vary significantly from those in adults, it is critical that clinicians have access to the latest information on indications, medications, dosages, interactions, side effects, and off-label use for the pediatric patient population. The book offers clinicians comprehensive information and a multitude of helpful features. Specifically, it: Thoroughly describes and explores those elements that are specific to pediatric psychopharmacology and make it a distinct discipline at the crossroads of child and adolescent psychiatry, pediatrics, and pharmacology. Boasts a Contributors list of leading clinician/scientists, whose insight into the latest research findings and analysis of their clinical implications enable readers to incorporate those findings into their clinical practice. Takes an evidence-based approach to controversial issues in pediatric psychopharmacology, such as attention-deficit/hyperactivity disorder (ADHD) diagnosis and its treatment with psychostimulants, as well as pediatric mood disorders, including bipolar disorder. Examines advances that have been made in understanding the long-term treatment effects of medications in pediatric populations, including the results of head-to-head medication comparison studies that have been completed since the first edition was published. Analyzes recent studies of combination therapies, so that clinicians will better understand how to treat the complex patients that they see every day. Clinicians who bought the first edition will want this revision, as will those just venturing into the pharmacological treatment of children and adolescents. Utterly current, comprehensive, and compelling, the Clinical Manual of Child and Adolescent Psychopharmacology, Second Edition, reflects the major steps that have been made toward improving the evidence-based practice of treating young people with psychiatric illness.

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### **Editorial Review**

#### **From the Inside Flap**

Scientifically sound and clinically rich, the Clinical Manual of Child and Adolescent Psychopharmacology, Second Edition, offers comprehensive guidance on treatment of the wide range of psychiatric disorders seen in children and adolescents, from attention-deficit/hyperactivity disorder to schizophrenia and psychotic illnesses. This information is grounded in a full examination of the developmental aspects of pediatric psychopharmacology, with emphasis on the differing effects of psychotropic drugs on children and adults, knowledge that is critical to ensure treatment efficacy and safety.

Providing the best clinical care for patients necessitates that clinicians remain current on the available research. To meet that challenge, this new and completely revised second edition presents the latest findings from scientific literature, along with expert commentary regarding the clinical implications of this research, yielding an evidence-based, highly practical, and supremely useful resource. Each chapter is exhaustively referenced and includes multiple tables that make the information accessible and easy to understand. A boon to busy practitioners as well as an excellent resource for introductory courses in pediatric psychopharmacology, the Clinical Manual of Child and Adolescent Psychopharmacology, Second Edition, deserves a spot on every clinician's shelf.

#### **About the Author**

Molly McVoy, M.D., is Assistant Training Director of the Child and Adolescent Psychiatry Fellowship within the Division of Child and Adolescent Psychiatry at University Hospitals Case Medical Center, a research physician at the Discovery and Wellness Center for Children, and Assistant Professor of Psychiatry at Case Western Reserve University School of Medicine in Cleveland, Ohio. Robert L. Findling, M.D., M.B.A., is Director of the Division of Child and Adolescent Psychiatry at University Hospitals Case Medical Center, and Professor of Psychiatry and Pediatrics at Case Western Reserve University School of Medicine in Cleveland, Ohio.

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