



Executive Coaching: The Essential Guide for Mental Health Professionals

By Len Sperry

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Executive Coaching: The Essential Guide for Mental Health Professionals

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For many mental health professionals, executive and personal coaching represent attractive alternatives to managed care practice. This book provides mental health professionals with a map of the territory of the corporate world and describes in detail the major theoretical coaching models and progressive phases. Sperry addresses both executive coaching and personal coaching, revealing the practical, ethical and legal aspects of beginning and maintaining an active coaching practice.

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Editorial Review

About the Author

Len Sperry, M.D., Ph.D. is professor of Health Services Administration and Psychology, and director of the Masters in Health Services Administration program at Barry University in Florida. He has consulted with executives throughout the U.S. and abroad for over thirty years, and has designed and implemented leadership development programs for several corporations. Sperry is board certified in psychiatry, preventative medicine, and clinical psychology and a fellow of the Division of Family Psychology of the American Psychological Association. He has published over 200 articles and 30 books, many with Taylor and Francis.

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