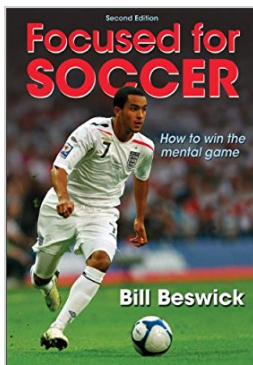


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Focused for Soccer emphasizes playing first with the head, then with the heart, developing decision-making skills, and keeping emotional responses in check. The practical tips, examples from top Premier League teams, and step-by-step techniques will help sharpen your skills and unleash your potential.

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