



# Where to Start and What to Ask: An Assessment Handbook

By Susan Lukas

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## Where to Start and What to Ask: An Assessment Handbook By Susan Lukas

This book is intended to help therapists and especially beginning students organize their approach to the initial phase of treatment. It offers the necessary tools for garnering information from the client and provides a framework for thinking about that information and formulating a thorough assessment. The author describes how to conduct first interviews with children, adults and families, and includes sample forms and questionnaires.

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[A] fine guide to clinical assessment certain to be as important today as it was when it first appeared nearly twenty years ago. — Midwest Book Review

Lukas writes clearly and concisely, offering quick yet interesting insights. She helps readers understand why assessment is important, then provides skills to improve one's interviewing skills. . . . [A] useful reference for any mental health practitioner." — PsychCentral

#### **About the Author**

Susan Lukas, MSW, LCSW, received her degree in social work from Hunter College and practiced in New York City and in Nyack, New York. She died in 2008.

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