



Don't Believe Everything You Think: The 6 Basic Mistakes We Make in Thinking

By Thomas E. Kida

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Do you believe that you can consistently beat the stock market if you put in the effort?--that some people have extrasensory perception?--that crime and drug abuse in America are on the rise? Many people hold one or more of these beliefs although research shows that they are not true. This enlightening book discusses how to recognize faulty thinking and develop the necessary skills to become a more effective decision maker. Author Thomas Kida identifies a "six-pack of problems" that leads many of us to accept false ideas. The book vividly illustrates these tendencies with numerous eye-opening examples that demonstrate how easily we can be fooled into believing something that isn't true.

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