



# Groups: A Counseling Specialty (7th Edition)

By Samuel T. Gladding

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**Groups: A Counseling Specialty (7th Edition)** By Samuel T. Gladding

*Groups: A Counseling Specialty* is a comprehensive look at groups, covering the history of group work, the dynamics of groups, leadership in groups, ethical issues in groups, multicultural aspects of groups, stages of group development, groups across the life span, and the theoretical basis for working with groups. The coverage is current, the style is clear and interesting, and the book challenges students to reflect on what they have learned, as well as on their own experiences in groups. The new edition of Gladding's *Groups* includes over 120 new references; chapter overviews; brief introductory stories; a new appendix on self-help group organizations; and new material and updates throughout, including additions that focus on social justice, creativity (particularly the work of Keith Sawyer), different specialty groups throughout the lifespan, technology and group work, brief groups, and groups for older adults.

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—Joel F. Diambra, University of Tennessee

“A key strength of this book is thoroughness. The author covers a lot of important content information. Each concept is clearly explained to the reader. Additionally, the information is well supported by research and previous literature. The text is well-organized as a whole and within chapters. It is easy to refer back and find information. The tables and figures are extremely helpful in organizing the information and presenting it in a clear manner. I believe the topics fit perfectly for an introductory group class and provide students with a solid foundation. I appreciate the coverage of groups with various developmental levels. Additionally, I appreciate the chapter on creative interventions in group. . . . [T]he book includes content that will certainly meet the CACREP standards.”

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## About the Author

**Samuel T. Gladding** is a professor of counseling in the Department of Counseling at Wake Forest University. He is a Fellow in the American Counseling Association and its past president. Gladding has also been president of the American Association of State Counseling Boards (AASCB) and Chi Sigma Iota (counseling academic and professional honor society international). A prolific writer, Gladding is the author of 41 books (including revisions), over seven dozen refereed journal articles, and five training videos. He has twice been a Fulbright Specialist (China and Turkey), an external evaluator of counseling programs in Malaysia, and a mental health responder after the terrorists' attack of 9/11 in New York and the shootings at Virginia Tech.

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