



# How to Be, Do, or Have Anything: A Practical Guide to Creative Empowerment

By Laurence G. Boldt

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Ever wonder why some people are able to live their dreams, while others feel trapped, forced to live a life they haven't chosen? Is it pure luck, the hand of fate, or super-charged genes that gives some people the upper hand in the game of life? Or could it be that anyone can learn to unleash their creative power and build a life of meaning and joy? Author Laurence G. Boldt reveals the secrets of the creative process in a simple series of steps that even the most rigid thinkers can absorb and apply. You'll learn how to develop your powers of concentration, overcome indecision and fear, stop procrastination, master discipline, and sustain lasting motivation. Whatever your goal, be it making more money, fulfilling your career aspirations, improving your relationships, or achieving a balanced lifestyle, HOW TO BE, DO, OR HAVE ANYTHING will build your self-confidence and send you down the road to success and a sense of self-fulfillment.

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*By Laurence G. Boldt*

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### **Editorial Review**

From Publishers Weekly

Anyone can be taught how to be, do or have whatever they want (within reason), contends consultant and personal coach Boldt in this extensively revised and updated version of his *Manifest Your Destiny: Life Planning with a Punch* (1984). Employing the same approach as in his 1991 classic, *Zen and the Art of Making a Living*, he offers a mix of inspiration, philosophy and how-to in a step-by-step format that entails creating a vision, committing to it, following through and periodically evaluating one's progress. Rooting his concepts in common sense and clear language, Boldt illustrates them with bracing quotations, graphics, related questions and exercises (including examples of how Leonardo da Vinci or Michelangelo might have responded to them). As in his other books, readers can dive into the chapters in any order that dovetails with their goals, skills and interest level. Those familiar with Julia Cameron's *The Artist's Way* books will find Boldt's daily log and "manifestation journal" familiar, while those who have read widely in the genre will find his approach to topics like visualization, overcoming fear, and sharpening one's focus and decision making reminiscent of Barbara Sher's *Wishcraft*, Susan Jeffers's *Feel the Fear and Do It Anyway* and Stephen Covey's *7 Habits of Highly Effective People*. Agent, Peter Beren. (May)

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### **About the Author**

LAURENCE G. BOLDT is a writer, career consultant, and personal coach, with more than a decade of experience helping people shape their dreams into practical realities. He is the best-selling author of *Zen and the Art of Making a Living* and *How to Find the Work You Love*. He lives in Santa Barbara, California.

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#### **James Reveles:**

What do you concentrate on book? It is just for students since they are still students or the item for all people in the world, the actual best subject for that? Merely you can be answered for that concern above. Every person has distinct personality and hobby for every single other. Don't to be obligated someone or something that they don't need do that. You must know how great and important the book *How to Be, Do, or Have Anything: A Practical Guide to Creative Empowerment*. All type of book can you see on many resources. You can look for the internet sources or other social media.

#### **Carrie Wakefield:**

The feeling that you get from *How to Be, Do, or Have Anything: A Practical Guide to Creative Empowerment* is the more deep you searching the information that hide inside words the more you get serious about reading it. It doesn't mean that this book is hard to understand but *How to Be, Do, or Have Anything: A Practical Guide to Creative Empowerment* giving you buzz feeling of reading. The writer conveys their point in a number of way that can be understood through anyone who read this because the

author of this publication is well-known enough. This book also makes your current vocabulary increase well. Therefore it is easy to understand then can go along, both in printed or e-book style are available. We advise you for having that How to Be, Do, or Have Anything: A Practical Guide to Creative Empowerment instantly.

**William Roger:**

This How to Be, Do, or Have Anything: A Practical Guide to Creative Empowerment is great e-book for you because the content which can be full of information for you who always deal with world and get to make decision every minute. That book reveal it info accurately using great organize word or we can point out no rambling sentences inside it. So if you are read that hurriedly you can have whole facts in it. Doesn't mean it only gives you straight forward sentences but tricky core information with lovely delivering sentences. Having How to Be, Do, or Have Anything: A Practical Guide to Creative Empowerment in your hand like finding the world in your arm, information in it is not ridiculous one. We can say that no reserve that offer you world within ten or fifteen moment right but this book already do that. So , this can be good reading book. Hey Mr. and Mrs. occupied do you still doubt this?

**Edward Davidson:**

The book untitled How to Be, Do, or Have Anything: A Practical Guide to Creative Empowerment contain a lot of information on it. The writer explains her idea with easy approach. The language is very clear and understandable all the people, so do definitely not worry, you can easy to read this. The book was compiled by famous author. The author will take you in the new time of literary works. You can easily read this book because you can continue reading your smart phone, or gadget, so you can read the book with anywhere and anytime. In a situation you wish to purchase the e-book, you can wide open their official web-site and also order it. Have a nice read.

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