



## Legions in Crisis: Transformation of the Roman Soldier AD 192–284

By Paul Elliott

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### Legions in Crisis: Transformation of the Roman Soldier AD 192–284 By Paul Elliott

The third century AD was a turbulent and testing time for the Roman Empire. A new and powerful foe in the east had risen up to challenge Rome directly. Barbarians on the northern frontiers were now more aggressive and more numerous than before and internally the population of the empire had to contend with rampant inflation and a series of terrible plagues. Unfortunately, the chaos became magnified by a lack of continuity on the imperial throne. The army had real political power in the third century, making and unmaking emperors as it saw fit. It had been aided in this by Septimius Severus, the African emperor who had won out in the civil wars following Commodus' assassination. He increased the army's pay and granted other privileges. While the army gained rapidly in size, stature and political savvy during the reign of Septimius Severus, it also accelerated a material transformation. Armor, shields, helmets, swords and javelins all began to be replaced with new styles. *Legions in Crisis* looks closely at the new styles of arms and armor, comparing their construction, use and effectiveness to the more familiar types of Roman kit used by soldiers fighting the earlier Dacian and Marcomannic Wars. What did this transformation in military technology mean for the tactical choices used on the battlefield? Although the outcome had looked in doubt, the army and the empire it protected weathered the storm to emerge into the fourth century fully able to tackle the challenges of a new age.

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### Editorial Review

#### Review

A good read for anyone interested in the Roman Army or in how military institutions learn and grow.  
(*Strategy Page*)

#### About the Author

Paul Elliott has an honours degree in ancient history and archaeology from the University of Wales Cardiff. He has a tremendous passion for ancient history, Roman in particular, and is involved in Roman military re-enactment. Much of this is done in the spirit of historical reconstruction and experimentation. Paul has also written articles for Ancient Warfare magazine, Military Wargames and Wargames Illustrated as well as the gaming magazines Adventurer and Arcane. He lives in East Yorkshire

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