



Nursing Care Plans: Diagnoses, Interventions, and Outcomes, 8e

By Meg Gulanick PhD APRN FAAN, Judith L. Myers RN MSN

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The bestselling nursing care planning book on the market, **Nursing Care Plans: Diagnoses, Interventions, and Outcomes, 8th Edition** covers the most common medical-surgical nursing diagnoses and clinical problems seen in adults. It includes 217 care plans, each reflecting the latest evidence and best practice guidelines. NEW to this edition are 13 new care plans and two new chapters including care plans that address health promotion and risk factor management along with basic nursing concepts that apply to multiple body systems. Written by expert nursing educators Meg Gulanick and Judith Myers, this reference functions as two books in one, with 147 disorder-specific and health management nursing care plans and 70 nursing diagnosis care plans to use as starting points in creating individualized care plans.

- **217 care plans** --- more than in any other nursing care planning book.
- **70 nursing diagnosis care plans include** the most common/important NANDA-I nursing diagnoses, providing the building blocks for you to create your own individualized care plans for your own patients.
- **147 disorders and health promotion care plans** cover virtually every common medical-surgical condition, organized by body system.
- **Prioritized care planning guidance** organizes care plans from *actual to risk* diagnoses, from general to specific interventions, and from independent to collaborative interventions.
- **Nursing diagnosis care plans format** includes a definition and explanation of the diagnosis, related factors, defining characteristics, expected outcomes, related NOC outcomes and NIC interventions, ongoing assessment, therapeutic interventions, and education/continuity of care.
- **Disorders care plans format** includes synonyms for the disorder (for easier cross referencing), an explanation of the diagnosis, common related factors, defining characteristics, expected outcomes, NOC outcomes and NIC interventions, ongoing assessment, and therapeutic interventions.
- Icons differentiate **independent** and **collaborative** nursing interventions.
- **Student resources** on the Evolve companion website include 36 of the book's care plans ? 5 nursing diagnosis care plans and 31 disorders care plans.

- **Three NEW nursing diagnosis care plans** include Risk for Electrolyte Imbalance, Risk for Unstable Blood Glucose Level, and Risk for Bleeding.
- **Six NEW health promotion/risk factor management care plans** include Readiness for Engaging in a Regular Physical Activity Program, Readiness for Enhanced Nutrition, Readiness for Enhanced Sleep, Readiness for Smoking Cessation, Readiness for Managing Stress, and Readiness for Weight Management.
- **Four NEW disorders care plans** include Surgical Experience: Preoperative and Postoperative Care, Atrial Fibrillation, Bariatric Surgery, and Gastroenteritis.
- **NEW *Health Promotion and Risk Factor Management Care Plans***

Enhanced rationales include explanations for nursing interventions to help you better understand *what* the nurse does and *why*.

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