



Read This if you Have A Heart: The book on lowering high blood Pressure, cholesterol and blood sugar...Naturally!

By Dr Elie Klein

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If you're hoping to avoid being a statistic to the number one cause of death in the Western world you've come to the right place. In this revolutionary book Klein, naturopathic doctor and health educator, dispels common myths about cardiovascular disease and maintains that heart disease and diabetes are often preventable. Dr. Klein ND provides compelling scientific evidence that supports his conviction that many people have been and are continuing to be afflicted unnecessarily by heart attacks and strokes due to widely disseminated dietary misconceptions. In "Read this if you have a Heart", Klein, reveals his concerns about commonly prescribed drugs for blood pressure, cholesterol and diabetes. In his easy- to- understand fashion, Dr. Klein ND reveals the true dietary causes of cardiovascular disease. He then discusses effective natural solutions, to help you lower your blood pressure, cholesterol and blood sugar naturally!

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Read This if you Have A Heart: The book on lowering high blood Pressure, cholesterol and blood sugar...Naturally! By Dr Elie Klein Bibliography

- Sales Rank: #2851616 in Books
- Published on: 2013-09-25
- Original language: English
- Number of items: 1
- Dimensions: 8.50" h x .38" w x 5.50" l, .44 pounds
- Binding: Paperback
- 166 pages

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Editorial Review

About the Author

For over a decade, Dr. Elie Klein's primary area of focus has been in natural cardiology, metabolic syndrome and conditions of inflammation. His passion to help and educate led him to create his successful Dr. Klein's Healthy Heart Program, a highly effective, educational program designed to educate and guide people to lower their blood pressure, cholesterol and blood sugar naturally! Elie Klein obtained his undergraduate degree in Human Biology at The University of Concordia and completed his graduate studies in Naturopathic Medicine at the Canadian College of Naturopathic Medicine (CCNM) in 2003. He is board-licensed.

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Melvin Dove:

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