



Chow: Simple Ways to Share the Foods You Love with the Dogs You Love

By Rick Woodford

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The ingredients in your own meals are no longer just people food. Share them with your best friend!

Nobody keeps us company in the kitchen as faithfully as our dogs. As patiently as dogs wait, they are often disappointed by their same boring bowl of food, which is missing many important nutrients. The wait is over?here comes *CHOW*!

CHOW shows you the benefits of more than 100 foods that can be simply added to the dog bowl or combined with a few other ingredients to make a quick meal loaded with real meat, healthy fats, and antioxidants. Each simple recipe is accompanied by information on the powerhouse of nutrients that work to keep your pet happy and healthy.

Think your dog won't eat a blueberry? Try providing it frozen, cut in half, or dried, and even an old dog will start learning new tricks. Whether it's scraps from the cutting board or a low-calorie meal, your dog will love you even more when you provide something better in the bowl?with *CHOW*! 50 color photographs

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Bibliography

- Sales Rank: #398698 in Books
- Published on: 2015-11-30
- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x .80" w x 7.10" l, .0 pounds
- Binding: Paperback
- 264 pages

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Editorial Review

Review

“Rick Woodford believes in the benefits of a fresh, wholesome, real food diet. CHOW empowers today's pet parents and helps continue to grow the fresh food movement.” (Rodney Habib, Pet Nutrition Blogger)

“Rick Woodford is spreading the word on the vital importance of a whole food diet for both dogs and ourselves.” (Dr. Janice Elenbaas, Founder of Lucky Dog Cuisine)

About the Author

Rick Woodford began cooking food for his dogs after his dog Jackson was diagnosed with cancer and given a year to live. Woodford resolved to send Jackson out with style by cooking him food usually reserved for humans, only to find out the transition to human food made Jackson feel better and live for four additional years, cancer-free. Woodford specializes in canine nutrition and assisting dogs with serious illnesses. He lives near Portland, Oregon.

Users Review

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Frank Hegarty:

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Terrance Bartholomew:

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Richard Oneal:

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