



# Handbook of Nonprescription Drugs

By Daniel L. Krinsky

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*The Handbook of Nonprescription Drugs: An Interactive Approach to Self-Care* contains the most authoritative information on nonprescription drug pharmacotherapy, nutritional supplements, medical foods, nondrug and preventive measures, and complementary therapies. The 18th edition shows students and practitioners how to assess and triage a patient's medical complaints. And it provides FDA-approved dosing information for nonprescription medications along with evidence-based research on the efficacy and safety of over-the-counter, herbal, and homeopathic medications.

### Key Features:

Updated information and references throughout

Thorough cross-referencing of the primary topics

Quick-reference tools such as treatment algorithms (including exclusions for self-treatment), drug product tables, patient education sidebars, and product administration illustrations

New case studies in each disorder-related chapter

Concise Key Points section at the end of each disorder-related chapter, summarizing critical information

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