



Meditations to Heal Your Life

By Louise Hay

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Louise shares her philosophy of life on a multitude of subjects from addictions to fears to spiritual laws, and everything in between. Her loving insights will enrich you body, mind, and soul, while giving you practical knowledge to apply to your day-to-day life.

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Editorial Review

Review

About Louise: 'her teachings of positive thinking and powerful life-enhancing affirmations have helped millions of people to improve their lives and has made her a legend in her own lifetime.' Kindred Spirit Magazine

About the Author

Louise Hay, the author of the international bestseller *You Can Heal Your Life*, is a metaphysical lecturer and teacher with more than 40 million books sold worldwide. For more than 30 years, Louise has helped people throughout the world discover and implement the full potential of their own creative powers for personal growth and self-healing. Louise is the founder and chairman of Hay House, Inc., which disseminates books, CDs, DVDs, and other products that contribute to the healing of the planet. Visit www.LouiseHay.com

Robert Holden, Ph.D., is the creator of the Loveability program. His work on psychology and spirituality has been featured on Oprah, Good Morning America, and a PBS special called "Shift Happens." He was also featured in two major BBC-TV documentaries, *The Happiness Formula* and *How to Be Happy*. His corporate clients include Dove and its Campaign for Real Beauty. He is author of *Happiness NOW!*, *Shift Happens!*, *Authentic Success* (formerly titled *Success Intelligence*), and *Be Happy*. Robert hosts a weekly show on Hay House Radio called *Shift Happens!* He also contributes daily to his Facebook page at www.facebook.com/drrobertholden. For information, visit www.robertholden.org.

Users Review

From reader reviews:

Rita Campanelli:

Reading a guide tends to be new life style on this era globalization. With reading through you can get a lot of information that will give you benefit in your life. Together with book everyone in this world can easily share their idea. Guides can also inspire a lot of people. Plenty of author can inspire their particular reader with their story or their experience. Not only the storyline that share in the guides. But also they write about the knowledge about something that you need illustration. How to get the good score toefl, or how to teach your kids, there are many kinds of book which exist now. The authors on earth always try to improve their proficiency in writing, they also doing some analysis before they write on their book. One of them is this *Meditations to Heal Your Life*.

Chris Henderson:

The reason why? Because this *Meditations to Heal Your Life* is an unordinary book that the inside of the publication waiting for you to snap the idea but latter it will shock you with the secret the idea inside. Reading this book beside it was fantastic author who all write the book in such amazing way makes the content interior easier to understand, entertaining means but still convey the meaning completely. So , it is good for you because of not hesitating having this any more or you going to regret it. This phenomenal book will give you a lot of rewards than the other book have got such as help improving your expertise and your critical thinking method. So , still want to hesitate having that book? If I have been you I will go to the book

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Sanjuana Day:

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