

# Everyday Karma: A Psychologist and Renowned Metaphysical Intuitive Shows You How to Change Your Life by Changing Your Karma

By Carmen Harra

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**“Wouldn’t it be heavenly to erase the mistakes of the past, eliminate confusion in your daily life, and feel safe about what tomorrow brings? In *Everyday Karma* I show you exactly how to do that. I demonstrate how day-to-day thoughts and actions can plant karmic seeds in your life that will either blossom like flowers or take over like weeds. This book will guide you into a deep understanding of your own karma and give you the tools to heal the past and discover a more joyful future.”**

**–CARMEN HARRA**

The author of *Everyday Karma* is one of the great psychics of our time, a veritable “karmic counselor” whose gifts have enabled her to help presidents, first ladies, Wall Street executives, royalty, and Hollywood celebrities achieve their true destinies. She predicted the collapse of the Soviet Union, John Kennedy Jr.’s death, President Clinton’s impeachment, and major karmic events around the world with better than 90 percent accuracy.

Now, in *Everyday Karma*, she invites you to embark upon a journey of healing and enlightenment—and to start living the life that is yours alone. Through her own spiritual biography (beginning with a near-death experience when she was young), true stories from many of her clients, and her predictions of coming events, you’ll be inspired to initiate your own spiritual evolution. With powerful, specially created meditations, prayers, and visualizations, she helps you resolve your specific problems, even deeply ingrained and self-destructive ways of thinking and behaving.

Unique among books about spiritual growth and healing, *Everyday Karma* emphasizes the great power of the karmic energy within you that is waiting to be tapped—and tells you exactly how to set it free, including how to

Enter the invisible world of spirit and light  
Hear messages from your spirit guide  
Create karmic relationships  
Heal karmic wounds and improve your emotional and physical health  
Discover your karmic life purpose  
Bring fresh, positive, and balanced energy into your everyday world

Most of us live our entire lives with, at best, a vague sense of dissatisfaction that even great fame and wealth seem unable to dispel. This book shows you another way. The lessons that Carmen Harra learned from the invisible world and shares with you here will light your path to a transformed and deeply fulfilled life in the visible world, starting here and now.

*From the Hardcover edition.*

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### **Editorial Review**

#### Review

“Through Carmen, one sees the invisible, believes the incredible, and receives the impossible.”

—CANDICE BERGEN

“*Everyday Karma* is a practical and transformative guide to healing old wounds and restoring personal relationships—a therapeutic tool I would recommend to my patients.”

—DR. JANE GREER

Author of *How Could You Do This To Me?*

“A great lady with a gift . . . Her power to heal by helping people understand the roots of their physical ailments is without peer.”

—HOWARD M. BEZOZA, M.D.

President, The Bezoza Center, New York City  
and host of “In the 21st Century”

“An amazing therapist . . . She sees both where you’ve been and where you’re going and becomes your ultimate guide to understanding yourself and thereby helping you to evolve spiritually and emotionally.”

—MARIN HOPPER

Fashion director, *Elle* magazine

“The scope and magnitude, not to mention multitude of talents and gifts of this woman are simply extraordinary.”

—APRIL MASINI

President and CEO, Masini Television and Film Enterprises

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#### From the Inside Flap

"Wouldn't it be heavenly to erase the mistakes of the past, eliminate confusion in your daily life, and feel safe about what tomorrow brings? In "Everyday Karma I show you exactly how to do that. I demonstrate how day-to-day thoughts and actions can plant karmic seeds in your life that will either blossom like flowers or take over like weeds. This book will guide you into a deep understanding of your own karma and give you the tools to heal the past and discover a more joyful future."

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About the Author

**Carmen Harra** is a certified hypnotherapist, astrologer, numerologist, and astrophysiognomist. She has appeared on *Today*, *Fox News*, and many other television shows, including *Good Day New York*, where one appearance sparked more than three hundred phone calls during a three-minute broadcast. She lives in New York City with her husband and three children. Visit the author's Web site at [www.everydaycarma.com](http://www.everydaycarma.com).

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## Users Review

**From reader reviews:**

**Carolyn Hoffman:**

As people who live in typically the modest era should be upgrade about what going on or facts even knowledge to make all of them keep up with the era that is certainly always change and move forward. Some of you maybe will certainly update themselves by studying books. It is a good choice for yourself but the problems coming to anyone is you don't know what type you should start with. This Everyday Karma: A Psychologist and Renowned Metaphysical Intuitive Shows You How to Change Your Life by Changing Your Karma is our recommendation to make you keep up with the world. Why, because this book serves what you want and wish in this era.

**Clifford Harvey:**

Playing with family in a very park, coming to see the water world or hanging out with good friends is thing that usually you might have done when you have spare time, in that case why you don't try matter that really opposite from that. One particular activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you have been ride on and with addition of information. Even you love Everyday Karma: A Psychologist and Renowned Metaphysical Intuitive Shows You How to Change Your Life by Changing Your Karma, you can enjoy both. It is fine combination right, you still want to miss it? What kind of hang

type is it? Oh occur its mind hangout people. What? Still don't buy it, oh come on its referred to as reading friends.

**Gladys Jackson:**

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**Rita Furguson:**

This Everyday Karma: A Psychologist and Renowned Metaphysical Intuitive Shows You How to Change Your Life by Changing Your Karma is great publication for you because the content that is certainly full of information for you who all always deal with world and possess to make decision every minute. This kind of book reveal it information accurately using great arrange word or we can point out no rambling sentences within it. So if you are read this hurriedly you can have whole details in it. Doesn't mean it only gives you straight forward sentences but hard core information with beautiful delivering sentences. Having Everyday Karma: A Psychologist and Renowned Metaphysical Intuitive Shows You How to Change Your Life by Changing Your Karma in your hand like keeping the world in your arm, info in it is not ridiculous one. We can say that no book that offer you world with ten or fifteen tiny right but this publication already do that. So , this can be good reading book. Heya Mr. and Mrs. stressful do you still doubt in which?

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