



Exploring the Fifth Dimension: Parallel Universes, Teleportation and Out of Body Travel

By Dr. Bruce Goldberg

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This book is the most comprehensive book on out-of-body travel you will ever read. Through more than 20 exercises, you will learn to safely leave your body and return unharmed from explorations of the upper astral plane and the causal, mental or etheric realms. You might even venture to the soul plan and observe how you select your future life.

You will also learn:

- *The difference between an out-of-body experience, a near-death experience and a conscious out-of-body experience.
- *How to determine what dimension you are on while out-of-the body.
- *How you can meet kindred souls in the fifth dimension.
- * What it is like to be with your Masters and Guides and review your akashic record.
- *How to teleport your physical body to other dimensions.
- *How to travel to parallel universes.
- *How to see into the future.
- *How to meet time travelers from our future
- *How to learn your true karmic purpose.

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Bibliography

- Sales Rank: #124625 in Books
- Brand: Brand: Bruce Goldberg
- Published on: 2009-06-21
- Original language: English
- Number of items: 1
- Dimensions: 9.02" h x .49" w x 5.98" l, .71 pounds
- Binding: Paperback
- 216 pages

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Editorial Review

Review

"Dr. Goldberg guides you into a world beyond your wildest expectations. Highly recommended." --George Noory, Coast To Coast AM host

In the ever-growing library of books by Dr. Bruce Goldberg, Exploring the Fifth Dimension may well be his best one to date. It is scholarly, yet very accessible. It is authoritative in tone, yet engaging, encouraging the reader to employ the exercises and techniques with confidence. If you want to explore the Fifth Dimension with a guarantee of a safe return and the confidence of acquiring truths during the journey, then this book is your guide. --Brad Steiger, author of 170 New Age books

About the Author

Dr. Bruce Goldberg is a clinical hypnotherapist and dentist who wrote the international bestseller Past Lives, Future Lives, as well as the Search For Grace(which was made into a CBS movie), Astral Voyages and many others. He has appeared on Oprah, Regis, CBS News, Coast To Coast AM and many others. Dr. Goldberg has regressed over 15,000 patients into over 35,000 past and future lifetimes.

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