



## Oxford Textbook of Creative Arts, Health, and Wellbeing: International perspectives on practice, policy and research (Oxford Textbooks in Public Health)

From Oxford University Press

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There is growing interest internationally in the contributions which the creative arts can make to wellbeing and health in both healthcare and community settings. A timely addition to the field, the *Oxford Textbook of Creative Arts, Health, and Wellbeing* is the first work of its kind to discuss the role the creative arts have in addressing some of the most pressing public health challenges faced today.

Providing an evidence-base and recommendations for a wide audience, this is an essential resource for anyone involved with this increasingly important component of public health practice. The textbook offers key insights for developing new creative arts-based approaches to health and wellbeing, and shows how these can augment established practices within a variety of social settings. Theoretically grounded and with a strong evidence base, this book brings together contributions from both practitioners and researchers to provide a comprehensive account of the field. Using international examples, the textbook elucidates the various approaches that have successfully led to improvements in public health, whilst case studies in healthcare practices evaluate the impact of arts-based initiatives in a multitude of international settings, life-course stages, and social milieus. The *Oxford Textbook of Creative Arts, Health, and Wellbeing* is a comprehensive resource that will be essential to anyone with an interest in this increasingly important component of public health practice.

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