



# The Intent to Live: Achieving Your True Potential as an Actor

By Larry Moss

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## The Intent to Live: Achieving Your True Potential as an Actor By Larry Moss

“I call this book The Intent to Live because great actors don’t seem to be acting, they seem to be actually living.”

–Larry Moss, from the Introduction

When Oscar-winning actors Helen Hunt and Hilary Swank accepted their Academy Awards, each credited Larry Moss’s guidance as key to their career-making performances. There is a two-year waiting list for his advanced acting classes. But now everyone—professionals and amateurs alike—can discover Moss’s passionate, in-depth teaching.

Inviting you to join him in the classroom and onstage, Moss shares the techniques he has developed over thirty years to help actors set their emotions, imagination, and behavior on fire, showing how the hard work of preparation pays off in performances that are spontaneous, fresh, and authentic.

From the foundations of script analysis to the nuances of physicalization and sensory work, here are the case studies, exercises, and insights that enable you to connect personally with a script, develop your character from the inside out, overcome fear and inhibition, and master the technical skills required for success in the theater, television, and movies.

Far more than a handbook, **The Intent to Live** is the personal credo of a master teacher. Moss’s respect for actors and love of the actor’s craft enliven every page, together with examples from a wealth of plays and films, both current and classic, and vivid appreciations of great performances. Whether you act for a living or simply want a deeper understanding of acting greatness, **The Intent to Live** will move, instruct, and inspire you.

*From the Hardcover edition.*

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### Editorial Review

#### Review

"I love the work I've gotten to do with Larry. He loves actors, he loves acting, and I love him."

–Helen Hunt

"Larry Moss is probably the most knowledgeable, articulate, creative, compassionate teacher of acting in America today. He is solely responsible for transforming me from a talented person into an artist."

–Jason Alexander

"Larry has an uncompromising dedication to the art and craft of acting. I wouldn't take on another role without working with him."

–Hilary Swank

"Larry is pure genius. He opened my heart and allowed me to feel again. I would not have been able to be John Coffey without him."

–Michael Clarke Duncan

*From the Hardcover edition.*

#### From the Inside Flap

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#### About the Author

Larry Moss studied his craft with such luminaries as Stella Adler, Sanford Meisner, and Warren Robertson. He began his career at New York's famed cabaret *Upstairs at the Downstairs* and went on to appear on Broadway in numerous productions. After teaching at Juilliard and Circle in the Square, Moss returned to

Los Angeles and founded the Larry Moss Studio in 1990. His directing credits include the off-Broadway hit *The Syringa Tree*, which won the 2001 Obie for Best Play of the Year, and a new play opening on Broadway in spring 2005.

*From the Hardcover edition.*

## **Users Review**

### **From reader reviews:**

#### **Gail Kernan:**

Here thing why this kind of The Intent to Live: Achieving Your True Potential as an Actor are different and reputable to be yours. First of all reading a book is good nevertheless it depends in the content of computer which is the content is as delicious as food or not. The Intent to Live: Achieving Your True Potential as an Actor giving you information deeper and in different ways, you can find any book out there but there is no guide that similar with The Intent to Live: Achieving Your True Potential as an Actor. It gives you thrill looking at journey, its open up your personal eyes about the thing that will happened in the world which is might be can be happened around you. It is easy to bring everywhere like in playground, café, or even in your technique home by train. In case you are having difficulties in bringing the paper book maybe the form of The Intent to Live: Achieving Your True Potential as an Actor in e-book can be your choice.

#### **Bryant Kelly:**

The reason? Because this The Intent to Live: Achieving Your True Potential as an Actor is an unordinary book that the inside of the reserve waiting for you to snap the idea but latter it will jolt you with the secret it inside. Reading this book adjacent to it was fantastic author who write the book in such amazing way makes the content inside easier to understand, entertaining means but still convey the meaning entirely. So , it is good for you for not hesitating having this any longer or you going to regret it. This excellent book will give you a lot of benefits than the other book have such as help improving your talent and your critical thinking technique. So , still want to hold off having that book? If I have been you I will go to the reserve store hurriedly.

#### **Douglas Elem:**

Playing with family in the park, coming to see the marine world or hanging out with buddies is thing that usually you will have done when you have spare time, subsequently why you don't try thing that really opposite from that. One activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you already been ride on and with addition info. Even you love The Intent to Live: Achieving Your True Potential as an Actor, you may enjoy both. It is excellent combination right, you still desire to miss it? What kind of hang-out type is it? Oh occur its mind hangout guys. What? Still don't get it, oh come on its known as reading friends.

**Jeff Weaver:**

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