

The Research Process in Sport, Exercise and Health: Case Studies of Active Researchers

From Rich Neil

Download now

Read Online ➔

The Research Process in Sport, Exercise and Health: Case Studies of Active Researchers From Rich Neil


- What are the challenges and potential pitfalls of real research?
- What decision-making process is followed by successful researchers?

The Research Process in Sport, Exercise and Health fills an important gap in the research methods literature. Conventional research methods textbooks focus on theory and descriptions of hypothetical techniques, while the peer-reviewed research literature is mainly concerned with discussion of data and the significance of results. In this book, a team of successful researchers from across the full range of sub-disciplines in sport, exercise and health discuss real pieces of research, describing the processes they went through, the decisions that they made, the problems they encountered and the things they would have done differently. As a result, the book goes further than any other in bringing the research process to life, helping students identify potential issues and problems with their own research right at the beginning of the process.

The book covers the whole span of the research process, including:

- identifying the research problem
- justifying the research question
- choosing an appropriate method
- data collection and analysis
- identifying a study's contribution to knowledge and/or applied practice
- disseminating results.

Featuring real-world studies from sport psychology, biomechanics, sports coaching, ethics in sport, sports marketing, health studies, sport sociology, performance analysis, and strength and conditioning, the book is an essential companion for research methods courses or dissertations on any sport or exercise degree programme.

 [**Download** The Research Process in Sport, Exercise and Health ...pdf](#)

 [**Read Online** The Research Process in Sport, Exercise and Heal ...pdf](#)

The Research Process in Sport, Exercise and Health: Case Studies of Active Researchers

From Rich Neil

The Research Process in Sport, Exercise and Health: Case Studies of Active Researchers From Rich Neil

- What are the challenges and potential pitfalls of real research?
- What decision-making process is followed by successful researchers?

The Research Process in Sport, Exercise and Health fills an important gap in the research methods literature. Conventional research methods textbooks focus on theory and descriptions of hypothetical techniques, while the peer-reviewed research literature is mainly concerned with discussion of data and the significance of results. In this book, a team of successful researchers from across the full range of sub-disciplines in sport, exercise and health discuss real pieces of research, describing the processes they went through, the decisions that they made, the problems they encountered and the things they would have done differently. As a result, the book goes further than any other in bringing the research process to life, helping students identify potential issues and problems with their own research right at the beginning of the process.

The book covers the whole span of the research process, including:

- identifying the research problem
- justifying the research question
- choosing an appropriate method
- data collection and analysis
- identifying a study's contribution to knowledge and/or applied practice
- disseminating results.

Featuring real-world studies from sport psychology, biomechanics, sports coaching, ethics in sport, sports marketing, health studies, sport sociology, performance analysis, and strength and conditioning, the book is an essential companion for research methods courses or dissertations on any sport or exercise degree programme.

The Research Process in Sport, Exercise and Health: Case Studies of Active Researchers From Rich Neil
Bibliography

- Rank: #518321 in Books
- Brand: Rich Neil
- Published on: 2013-11-21
- Released on: 2013-11-12
- Original language: English
- Number of items: 1
- Dimensions: 9.21" h x .64" w x 6.14" l, .0 pounds

- Binding: Paperback
- 280 pages

 [Download The Research Process in Sport, Exercise and Health ...pdf](#)

 [Read Online The Research Process in Sport, Exercise and Heal ...pdf](#)

Editorial Review

About the Author

Rich Neil is a Senior Lecturer in Sport Psychology, former Discipline Director of Research Methods and current Programme Director of BSc Sport and Exercise Science at Cardiff Metropolitan University, UK. His research interests include the influence of stress and emotions on behaviour, personality, reflective practice and self-efficacy.

Sheldon Hanton is the Pro Vice-Chancellor and Director of Research for Cardiff Metropolitan University, UK. As Professor of Sport Psychology his subject expertise focuses around competition and organisational stress and anxiety, mental toughness, performance reflection and the psychology of injury. He has experience of qualitative and quantitative approaches to research, including intervention studies.

Scott Fleming is Professor of Sport and Leisure Studies and Director of Research at the Cardiff School of Sport, Cardiff Metropolitan University, UK. His research interests include ethnographies in sport, leisure and education, 'race relations', and research ethics. He is a former Chair of the Leisure Studies Association and is Chair of Cardiff Metropolitan University's Ethics Committee.

Kylie Wilson is an Applied Sport Psychologist working with Olympic athletes and coaches, and organisations at High Performance Sport New Zealand. Her research interests include athlete motivation, coach-athlete relationships, group dynamics and reflective practice.

Users Review

From reader reviews:

Michael Cooke:

Spent a free time and energy to be fun activity to try and do! A lot of people spent their down time with their family, or their own friends. Usually they undertaking activity like watching television, gonna beach, or picnic in the park. They actually doing same thing every week. Do you feel it? Would you like to something different to fill your personal free time/ holiday? Could possibly be reading a book might be option to fill your no cost time/ holiday. The first thing you ask may be what kinds of publication that you should read. If you want to consider look for book, may be the reserve untitled The Research Process in Sport, Exercise and Health: Case Studies of Active Researchers can be very good book to read. May be it can be best activity to you.

Dennis Byrd:

People live in this new morning of lifestyle always try and must have the free time or they will get wide range of stress from both way of life and work. So , when we ask do people have extra time, we will say absolutely yes. People is human not really a huge robot. Then we question again, what kind of activity are there when the spare time coming to an individual of course your answer can unlimited right. Then do you try this one, reading books. It can be your alternative within spending your spare time, often the book you have read is actually The Research Process in Sport, Exercise and Health: Case Studies of Active Researchers.

Rosemarie Sanders:

Beside this The Research Process in Sport, Exercise and Health: Case Studies of Active Researchers in your phone, it might give you a way to get more close to the new knowledge or information. The information and the knowledge you are going to got here is fresh from oven so don't possibly be worry if you feel like an older people live in narrow commune. It is good thing to have The Research Process in Sport, Exercise and Health: Case Studies of Active Researchers because this book offers to you readable information. Do you occasionally have book but you rarely get what it's interesting features of. Oh come on, that wil happen if you have this with your hand. The Enjoyable option here cannot be questionable, including treasuring beautiful island. So do you still want to miss that? Find this book along with read it from now!

Christopher Jaeger:

A lot of reserve has printed but it is unique. You can get it by online on social media. You can choose the most beneficial book for you, science, comic, novel, or whatever simply by searching from it. It is called of book The Research Process in Sport, Exercise and Health: Case Studies of Active Researchers. You'll be able to your knowledge by it. Without making the printed book, it can add your knowledge and make a person happier to read. It is most crucial that, you must aware about guide. It can bring you from one spot to other place.

**Download and Read Online The Research Process in Sport,
Exercise and Health: Case Studies of Active Researchers From Rich
Neil #9IUTW8P2CMR**

Read The Research Process in Sport, Exercise and Health: Case Studies of Active Researchers From Rich Neil for online ebook

The Research Process in Sport, Exercise and Health: Case Studies of Active Researchers From Rich Neil Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Research Process in Sport, Exercise and Health: Case Studies of Active Researchers From Rich Neil books to read online.

Online The Research Process in Sport, Exercise and Health: Case Studies of Active Researchers From Rich Neil ebook PDF download

The Research Process in Sport, Exercise and Health: Case Studies of Active Researchers From Rich Neil Doc

The Research Process in Sport, Exercise and Health: Case Studies of Active Researchers From Rich Neil Mobipocket

The Research Process in Sport, Exercise and Health: Case Studies of Active Researchers From Rich Neil EPub

9IUTW8P2CMR: The Research Process in Sport, Exercise and Health: Case Studies of Active Researchers From Rich Neil