



# AMC's Best Backpacking in the Mid-Atlantic: A Guide To 30 Of The Best Multiday Trips From New York To Virginia

By Michael Martin

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Within hours of cities like New York, Philadelphia, and Washington, DC, thousands of miles of trails cross a wide variety of wild terrain, from rhododendron stands of the Dolly Sods Wilderness, to the expansive Blue Ridge Mountains and Shenandoah Valley, to the beaches of Assateague, to the peaks of the Catskill Mountains. This new three-season guidebook from the trusted publisher of the *Catskill Mountain Guide* will lead you to the 30 best multiday expeditions in Pennsylvania, New York, New Jersey, Delaware, Maryland, Virginia, and West Virginia. Each trip features turn-by-turn directions, basic topographic maps, camping options, and more. Whether you're looking for a two-day loop or a challenging week-long trek, this guide is the essential tool for finding the most exciting Mid-Atlantic backpacking experiences.

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### Editorial Review

#### About the Author

**Michael R. Martin** is a lifelong backpacker and outdoorsman with experience on trails near and far, including the American Southwest, Sweden, France, Iceland, Nepal, Peru, and more recently, thousands of miles (and counting) in the Mid-Atlantic region. Martin leads, organizes, and teaches for the D.C. Ultralight Backpacking group. He lives in Alexandria, Virginia.

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