



The First Twelve Months of Life: Your Baby's Growth Month by Month

By Frank Caplan, Theresa Caplan

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The bestselling classic more than two million parents have depended on... *The First Twelve Months Of Life*.

For over twenty years, this invaluable book has been helping parents understand their new babies: from what an infant knows and feels at each stage of development to what he or she needs from a parent to grow and thrive. Now completely updated to include the latest information on everything from breastfeeding versus bottle-feeding to coping with colic and choosing a reliable sitter, *The First Twelve Months Of Life* is the definitive child-care resource. Featuring:

- monthly growth charts that reveal how your baby's motor, language, mental, and social skills develop
- reassuring answers to the questions most parents ask
- brief overviews of what to expect from your baby each month
- proven techniques for soothing crying babies, solving sleep problems, and dealing with diaper rash, fear of strangers, and teething
- essential information on when to call a doctor and the best schedule for immunizations
- plus more than 150 fascinating photos

Whether you're a first-time parent or an old hand, you'll find that *The First Twelve Months Of Life* offers a rewarding glimpse into your baby's world that will only deepen your appreciation of the wondrous strides he or she is about to make.

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Editorial Review

From Library Journal

This updated edition of a popular guide to child development is not revised as much as supplemented. Much of the original text remains intact, with new information since the book was first published in 1973 added to the work in boxes, new sections, and an updated bibliography. Covering an infant's mental, physical, language, and social development from the first week of life to the 12th month, this guide describes a sequence of events, not a timetable. It also includes growth charts summarizing developmental milestones. Embracing fathers as well as mothers and supporting diverse family types, this handbook has potentially high appeal for contemporary parents. For all parenting collections-- Kathryn Hammell Carpenter, Univ. of Illinois, Chicago

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Review

For over twenty years this has helped parents understand their new babies: enjoy an updated classic which has been newly revised with the latest research for new parents, documenting a baby's first 12 months of changes and including monthly growth charts, answers to common concerns, and overviews of what to anticipate in a baby's life. -- *Midwest Book Review*

From the Inside Flap

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Users Review

From reader reviews:

Patrice Gasaway:

This book untitled The First Twelve Months of Life: Your Baby's Growth Month by Month to be one of several books that best seller in this year, honestly, that is because when you read this reserve you can get a

lot of benefit onto it. You will easily to buy this particular book in the book store or you can order it by way of online. The publisher of the book sells the e-book too. It makes you quickly to read this book, as you can read this book in your Cell phone. So there is no reason to you to past this guide from your list.

Liliana Stevens:

Reading a book for being new life style in this yr; every people loves to read a book. When you go through a book you can get a wide range of benefit. When you read textbooks, you can improve your knowledge, mainly because book has a lot of information in it. The information that you will get depend on what forms of book that you have read. If you need to get information about your examine, you can read education books, but if you act like you want to entertain yourself you are able to a fiction books, this kind of us novel, comics, and soon. The The First Twelve Months of Life: Your Baby's Growth Month by Month will give you a new experience in studying a book.

Louise Perez:

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