



Hands That Heal

By *Echo Bodine*

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Hands That Heal By Echo Bodine

Psychic Echo Bodine is also a healer, and many members of her family are also healers. This book, first published in 1985 by ACS, was Echo's first book and is still her favorite. In her inimitable manner, Echo explains to readers what energy or spiritual healing is and how a session works, including how it feels to the healer and the person being healed. Echo's approach to healing could be seen as the traditional Christian "laying on of hands," though the healer sometimes uses their hands on the aura around a person and does not always touch them directly. *Hands That Heal* addresses concerns and questions that readers may have about healing. In fact, Echo describes such mundane aspects of the process as the room she uses, how people contact her, and how she uses music, incense, and color in her healing space. Details about releasing emotional blocks, avoiding dependency, the dangers of judging anyone's illness, and absentee healing are also provided. Case studies of clients, and line drawings depicting the set-up and positioning of hands, further illustrate how healing works in people's lives. She also provides exercises for the person wishing to test and develop their own healing hands.

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Hands That Heal By Echo Bodine Bibliography

- Sales Rank: #617119 in Books
- Brand: Brand: New World Library
- Published on: 2004-04-28
- Released on: 2004-04-28
- Original language: English
- Number of items: 1
- Dimensions: 8.50" h x .44" w x 5.50" l, .51 pounds
- Binding: Paperback
- 157 pages

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From reader reviews:

Sheila Powell:

A lot of people always spent their free time to vacation or maybe go to the outside with them family members or their friend. Are you aware? Many a lot of people spent they free time just watching TV, or maybe playing video games all day long. In order to try to find a new activity this is look different you can read some sort of book. It is really fun for yourself. If you enjoy the book which you read you can spent 24 hours a day to reading a guide. The book Hands That Heal it doesn't matter what good to read. There are a lot of individuals who recommended this book. These folks were enjoying reading this book. If you did not have enough space to create this book you can buy typically the e-book. You can m0ore very easily to read this book from the smart phone. The price is not too expensive but this book features high quality.

Maritza Berry:

Playing with family inside a park, coming to see the water world or hanging out with friends is thing that usually you may have done when you have spare time, and then why you don't try point that really opposite from that. 1 activity that make you not sense tired but still relaxing, trilling like on roller coaster you are ride on and with addition details. Even you love Hands That Heal, you can enjoy both. It is fine combination right, you still wish to miss it? What kind of hang-out type is it? Oh can happen its mind hangout people. What? Still don't understand it, oh come on its known as reading friends.

Betty Bass:

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Russell Fielder:

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