



Health and Wellness in 19th-Century America (Health and Wellness in Daily Life)

By John C. Waller

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This book provides a comprehensive description of what being sick and receiving "medical care" was like in 19th-century America, allowing modern readers to truly appreciate the scale of the improvements in healthcare theory and practice.

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Editorial Review

Review

"As with others in the series, this title does a thorough job of covering broad health topics in a particular time period. High school and college students requiring reference material on the history of health and wellness for different eras will be well served by this set." - **Booklist**

"This particular volume accomplishes the daunting task of describing the complexity of health and wellness and disease in nineteenth-century America. . . . This is not just a medical history book. This is a book filled with stories that describe the harrowing lives and deaths, particularly of white Americans, African Americans, and Native Americans. . . . *Health and Wellness in 19th Century America* could be a useful source for academic libraries in health and medicine, psychology, history, religion, Native American studies, African American studies, women's studies, and many other interdisciplinary courses." - **ARBA**

"This book is an excellent introduction to the evolving state of health care in the U.S. and is most useful to those studying American history, women's history, and history of medicine." - **Choice**

Review

"It is no easy task to provide a crisp, synthetic account of 19th-century U.S. medicine and healing. The period saw revolutions in theory, therapy, and practice; the introduction of new sites for the production of medical knowledge and the radical reformulation of older ones; and tectonic shifts in the social groups in- and excluded from a fractious medical marketplace. Waller, however, guides the reader with a steady hand and an unerring eye for both scholarly argument and telling historical details. This is a skillful, smartly written survey, one attentive to the needs of both academic and popular audiences, and sure to be of use in the undergraduate classroom." (Suman Seth, Associate Professor, Department of Science and Technology Studies, Cornell University)

"This volume admirably combines a wide-ranging overview of health in the 19th century with telling detail drawn from the lives of ordinary Americans. There is no better single volume available for learnedness, coverage, and sheer readability." (Steven M. Stowe, Professor, Indiana University and Author of *Doctoring the South: Southern Physicians and Everyday Medicine in the Mid-Nineteenth Century*)

About the Author

John C. Waller is associate professor of the history of medicine at Michigan State University, East Lansing, MI.

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