



# Secrets of Dragon Gate: Ancient Taoist Practices for Health, Wealth, and the Art of Sexual Yoga

By Steven Liu, Jonathan Blank

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From simple breathing exercises that make you feel healthier and more alive to advanced sexual yoga, *The Secrets of Dragon Gate* is the key to your unique path to health, wealth, and spiritual fulfillment.

The Dragon Gate School is known for its singular combination of sexual yoga and dream yoga practices; mystical divination methods for choosing a wise and fruitful path; Chi-gung and martial arts practices for health and longevity; and profound philosophy, based on the *I Ching (Book of Changes)* and the five elements, that provides a deep insight into the nature of reality.

Incorporate the mysterious and ancient wisdom of the Dragon Gate School of Taoism into your daily life, and find answers to the question of how to live a long, prosperous, and happy life.

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## **Editorial Review**

### **About the Author**

**Dr. Steven Liu** is the fourteenth Master of the Dragon Gate School of Taoism-centered on inducing the spontaneous and free flow of chi and the development of numerous Taoist art forms, including meditation, martial arts, dream yoga, feng shui, and the five Taoist Arts.

**Jonathan Blank** is an award-winning writer, filmmaker, and creative technologist. He has spent over 25 years studying high-level martial arts, meditation, Eastern philosophy and esoteric metaphysical practices with many remarkable teachers in the US, Asia and Europe.

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