



## The Good Marriage: How and Why Love Lasts

By Judith S. Wallerstein, Sandra Blakeslee

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What's Your Marriage? \* The Romantic Marriage: exciting, sensual memories of your first meeting radiate a glow over years. \* The Rescue Marriage: the healing that follows early emotional trauma becomes the central theme. \* The Companionate Marriage: commitment to careers seeks a balance with commitment to relationship and children. \* The Traditional Marriage: the woman takes charge of home and family while the man is the primary wage earner. Hundreds of books have been written about marriages that don't work. But what about the ones that do? Now Judith S. Wallerstein, bestselling author and leading relationships expert, reveals the natural stages of marriage and the nine tasks you must undertake to make a good marriage. As she introduces us to a number of ordinary yet fascinating couples, the intimate interiors of their lives, and the countless pressures they face in an age of divorce, you'll see how happy, lasting marriages are challenged and rebuilt every day-and how, whatever your marriage type, you and your partner can share a joyful, exhilarating, and fulfilling lifetime together.

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### **Editorial Review**

#### **Amazon.com Review**

Inspired by the hope that the experience of satisfied husbands and wives might provide useful lessons to others, Wallerstein, a clinical psychologist and specialist on divorce, and Sandra Blakeslee, who writes frequently for *The New York Times*, interviewed 50 predominantly middle-class, northern California couples who had been married nine years or more and had at least one child. These strong marriages flourish, they argue, because every partner confronted a series of psychological tasks including separating emotionally from the family of childhood, carving out his or her autonomy and creating an environment where anger and conflict could be safely vented. The couples reveal their interior lives in rich, explicit detail.

#### **From Publishers Weekly**

Based on interviews with 50 happily married couples, this book examines the factors that allow relationships to succeed.

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#### **From Library Journal**

Although Wallerstein is best known for her work on divorce, she and Blakeslee (coauthors of *Second Chances*, LJ 2/1/89) have put together a very appealing book based on interviews with 50 couples who are still together, and still happy, after years of marriage. Most of the book is concerned with defining the four types of marriages (romantic, rescue, companionate, and traditional) that Wallerstein discovered through her interviews. Descriptions of four couples who idealize these types are given in minute detail. The rest of the book outlines nine developmental tasks-derived from Wallerstein's practice as well as the interviews-that couples need to accomplish if their marriage is to be a happy one. Despite some oddities, such as the amount of extraneous detail given when discussing the interviewees' homes, and the fact that this was based on a small and skewed sample group-all participants were middle or upper-middle class and all but one couple were Caucasian-this book will appeal to public library users who want a clearly written and clearly thought out analysis of this universally interesting topic.

--Pamela A. Matthews, *Missouri Western State Coll., St. Joseph*

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### **Users Review**

#### **From reader reviews:**

#### **Edward Capps:**

Book is to be different per grade. Book for children until adult are different content. As it is known to us that book is very important normally. The book *The Good Marriage: How and Why Love Lasts* has been making you to know about other information and of course you can take more information. It is quite advantages for you. The guide *The Good Marriage: How and Why Love Lasts* is not only giving you considerably more new information but also to become your friend when you sense bored. You can spend your own spend time to read your reserve. Try to make relationship using the book *The Good Marriage: How and Why Love Lasts*. You never truly feel lose out for everything if you read some books.

**Harvey Lee:**

The Good Marriage: How and Why Love Lasts can be one of your starter books that are good idea. Most of us recommend that straight away because this publication has good vocabulary which could increase your knowledge in vocabulary, easy to understand, bit entertaining but delivering the information. The article writer giving his/her effort to get every word into enjoyment arrangement in writing The Good Marriage: How and Why Love Lasts yet doesn't forget the main stage, giving the reader the hottest along with based confirm resource data that maybe you can be among it. This great information can certainly drawn you into new stage of crucial thinking.

**Arlene Miller:**

Are you kind of hectic person, only have 10 or maybe 15 minute in your morning to upgrading your mind proficiency or thinking skill also analytical thinking? Then you are experiencing problem with the book than can satisfy your limited time to read it because all of this time you only find book that need more time to be examine. The Good Marriage: How and Why Love Lasts can be your answer as it can be read by you actually who have those short free time problems.

**Eric Rodriguez:**

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