



The Hope Quotient: Measure It. Raise It. You'll Never Be the Same.

By Ray Johnston

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The Hope Quotient: Measure It. Raise It. You'll Never Be the Same. By Ray Johnston

What's at the heart of every thriving person, every thriving marriage, kid, and business?

Hope!

The Hope Quotient is a revolutionary new method for measuring—and dramatically increasing—your level of hope. Hope is more than a feeling; it's the by-product of seven key factors. When these are present in your life, they cause hope to thrive.

Factor 1: Recharge Your Batteries Nobody does well running on empty.

Factor 2: Raise Your Expectations You don't get what you deserve; you get what you expect.

Factor 3: Refocus on the Future It's time to throw away your rearview mirror. No one goes forward well when they are looking back.

Factor 4: Play to Your Strengths Be yourself; everyone else is taken.

Factor 5: Refuse to Go It Alone Never underestimate the power of support. Even the Lone Ranger had Tonto.

Factor 6: Replace Burnout with Balance Burning the candle at both ends isn't as bright as you think.

Factor 7: Play Great Defense Avoid these five toxic hope killers that can threaten your future.

Using seven years of research, powerful biblical illustrations, and compelling human-interest stories, Ray Johnston explains how these seven essential factors will support, sustain, and strengthen your hope. And when consciously built into your life, how they will unleash hope in your marriage, your kids, your career, your church, your community, and the world.

Discover your HQ level, the most important contributor to your overall success, and then learn how to improve it. Because when hope rises—everything changes.

FLAP COPY:

Hope: It's the one thing that can change everything!

When you have hope, eleven things are unleashed in your life:

- You have more satisfying relationships.
- You're more productive.
- You're less affected by stress.
- You're more successful.
- You're more satisfied.
- You're more compassionate.
- You're more willing to help people in need.
- You're physically healthier.
- You hold yourself to higher moral and ethical standards.
- You're more likely to assume leadership.
- You're more likely to see God as loving, caring, and forgiving.

This book will help you discover your HQ level and learn the seven key factors that, when built into your life, unleash hope. When you have genuine hope—not trite, pious platitudes but authentic hope that produces inner strength and confidence—anything is possible.

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The Hope Quotient: Measure It. Raise It. You'll Never Be the Same. By Ray Johnston Bibliography

- Sales Rank: #141817 in Books
- Brand: HarperCollins Christian Pub.
- Published on: 2014-05-13
- Released on: 2014-05-13
- Original language: English
- Number of items: 1
- Dimensions: 9.29" h x .79" w x 6.26" l, 1.00 pounds
- Binding: Hardcover
- 236 pages

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Editorial Review

About the Author

Ray Johnston has a rich, varied background as a speaker, writer, and founder of Thrive Communications and the Thrive Leadership Conference. Author of the bestselling book *The Hope Quotient*, he is the founding pastor of Bayside Church, one of the largest churches in the United States, with more than twelve thousand people. Ray has spoken to more than four million people over the last ten years and served on the board of trustees at Azusa Pacific University, his alma mater. Ray and his wife, Carol, have four adult children.

Users Review

From reader reviews:

Beverly McKeever:

Information is provisions for folks to get better life, information today can get by anyone at everywhere. The information can be a knowledge or any news even an issue. What people must be consider when those information which is inside former life are hard to be find than now is taking seriously which one is suitable to believe or which one the particular resource are convinced. If you have the unstable resource then you have it as your main information you will see huge disadvantage for you. All those possibilities will not happen throughout you if you take *The Hope Quotient: Measure It. Raise It. You'll Never Be the Same.* as your daily resource information.

Toni Bays:

This book untitled *The Hope Quotient: Measure It. Raise It. You'll Never Be the Same.* to be one of several books which best seller in this year, that's because when you read this publication you can get a lot of benefit in it. You will easily to buy this book in the book store or you can order it by way of online. The publisher of the book sells the e-book too. It makes you quicker to read this book, because you can read this book in your Smart phone. So there is no reason for you to past this guide from your list.

Nicholas McNeal:

This *The Hope Quotient: Measure It. Raise It. You'll Never Be the Same.* is great guide for you because the content that is full of information for you who also always deal with world and get to make decision every minute. This specific book reveal it info accurately using great manage word or we can state no rambling sentences in it. So if you are read this hurriedly you can have whole info in it. Doesn't mean it only offers you straight forward sentences but hard core information with attractive delivering sentences. Having *The Hope Quotient: Measure It. Raise It. You'll Never Be the Same.* in your hand like obtaining the world in your arm, information in it is not ridiculous a single. We can say that no reserve that offer you world with ten or fifteen moment right but this book already do that. So , this really is good reading book. Hello Mr. and Mrs.

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