



## In Pursuit of Peace: 21 Ways to Conquer Anxiety, Fear, and Discontentment (Meyer, Joyce)

By Joyce Meyer

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The #1 bestselling author explores the myriad ways readers can experience a life overflowing with tranquility.

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### Editorial Review

#### From Publishers Weekly

In her introduction to this candid and passionate, if at times preachy, offering, prolific author Meyer (How to Hear from God; Seven Things that Steal Your Joy) admits that the first 40 years of her life were miserable. "I lived without the blessing and benefit of peace," she writes, asserting that without peace, "we live in turmoil—always worried, anxious, and upset about something." Drawing on the lessons she learned through personal experience and from the Bible, Meyer supplies readers with 21 "peacekeeper" tips—some more practical than others—such as "Trust the Lord of Peace," "Stay Supernaturally Relaxed," "Avoid Financial Pressure" and "Beware of Idle Talk." Above all else, however, she emphasizes that peace can be found by staying in good standing with God, accepting oneself and making peace with others. In her usual can-do style, Meyer challenges her fellow Christians to be courageous, confident and discerning, and she invokes Bible passages to drive home her message. She's also brutally honest about her own weaknesses, which lends further credence to her teachings. While Meyer doesn't offer much advice that hasn't been covered by countless other self-help books, her tale of personal growth should inspire her countless fans.

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#### About the Author

Joyce Meyer has been teaching the Word of God since 1976 and in full-time ministry since 1980. She is the bestselling author of over 50 inspirational books, including Secrets to Exceptional Living, The Joy of Believing Prayer, and Battlefield of the Mind, as well as thousands of cassettes and a complete video library. Joyce's Life In The Word radio and television programs are broadcast around the world, and she travels extensively conducting "Life In The Word" conferences. Joyce and her husband Dave are the parents of four grown children and make their home in St. Louis, Missouri.

#### From [AudioFile](#)

Lifted by a tasteful reading by Pat Lentz, this audio is the author's best effort yet at linking Christian prescriptions to the anxieties and challenges of everyday life. Joyce Meyer's trademark concept of God is ever present. In her view, good and evil forces compete for our allegiance. God is in charge of all things, and submitting to His will is the only answer. But her approach here seems less strident, more practical, than in previous audios. Use your level of inner peace as a barometer every time you make a choice. Along with prayer, she says, it will guide your life toward a pervasive serenity. A most inviting lesson for nervous listeners with any variety of spiritual inclination. T.W. © AudioFile 2005, Portland, Maine-- *Copyright © AudioFile, Portland, Maine*

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**Leslie White:**

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