



# Introduction to Physical Education and Sport: Foundations and Trends (with Introduction to Careers in Health, Physical Education and Sport)

By Marilyn M. Buck, J. Thomas Jable, Patricia A. Floyd

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1. Physical Education: Its Nature and Meaning. 2. Life, Sport and Spectacle in Ancient Societies. 3. Sport, Games and Ideology from the Middle Ages to European Nationalism. 4. American Physical Education and Physical Activity before 1900. 5. Physical Education and Sport in the Twentieth Century. 6. Philosophy and Ethics in Physical Education. 7. Physical Education as an Academic Discipline. 8. Physical Education as a Profession. 9. Issues and Opportunities in Physical Education. 10. Trends and the Future of Physical Education.

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