



The Skinny NUTRiBULLET Soup Recipe Book: Delicious, Quick & Easy, Single Serving Soups & Pasta Sauces For Your Nutribullet. All Under 100, 200, 300 & 400 Calories.

By CookNation

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Nutribullet. All Under 100, 200, 300 & 400 Calories.**

Now your NUTRiBULLET can do even more!

Most likely you bought your NUTRiBULLET to make awesome smoothies....but its potential doesn't end there!

The power of the NUTRiBULLET means that, as well as making amazing drinks, you could also be making quick & easy, nutritious soups and pasta sauces everyday.

The Skinny NUTRiBULLET Soup Recipe Book is packed full of **simple, tasty, low calorie soups and pasta sauces** to make using your NUTRiBULLET. Each recipe **serves 1** and all fall **below 100, 200, 300 or 400 calories** making it easy for you to control your overall daily calorie intake.

If you are looking to lose or manage your weight as part of a calorie controlled diet then soup can be the perfect choice.

Recipes Include:

Parsnip & Sweet Potato Soup
Macaroni & Bean Soup
Chilli Carrot Soup

Butternut Squash & Chive Soup
Bean, Bacon & Garlic Soup
Pea & Ham Soup
Lentil & Bacon Soup
Spicy Prawn Soup
Thai Noodle Soup
Mint & Melon Soup
Indian Cucumber Soup
Fresh Tomato & Basil Pasta Sauce
Spicy Tuna Pasta Sauce
Skinny Pesto Sauce
Red Onion & Balsamic Vinegar Pasta Sauce

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