



# Karate Fighting Techniques: The Complete Kumite

By Hirokazu Kanazawa

[Download now](#)

[Read Online](#) 

## Karate Fighting Techniques: The Complete Kumite By Hirokazu Kanazawa

Hirokazu Kanazawa is the renowned karate master in the world today, and a close disciple of Gichin Funakoshi, the father of modern karate and founder of the Shotokan School. Having earned his impressive reputation in Hawaii, the mainland United States, and Europe as an official trainer for the Japan Karate Association, Kanazawa founded Shotokan Karate-do International Federation in 1979. This association now has branches in more than 90 countries throughout the world.

This book is Kanazawa's first complete guide to kumite, or sparring. The karate training process comprises four areas: basics, kata (forms; prearranged movements and techniques), kumite, and competition. Kumite—"the art of grappling with opponents," as it might be called—is the application of kata, and is the key to success in karate tournaments.

*Karate Fighting Techniques* teaches all the various kumite techniques, and presents a systematic approach to applied kumite that is designed to provide essential information for match-style kumite and tournament kumite. The author also writes with great affection of his experiences with Master Gichin Funakoshi, and offers some insight into the true spirit and teachings of Shotokan karate.

With 700 photos of the author, his students, and some rare photos of the late Gichin Funakoshi and his famous disciple Masatoshi Nakayama (author of the popular *Best Karate* series), *Karate Fighting Techniques* is the first book of its kind to provide such a comprehensive guide to kumite and its role in Shotokan karate. It will be an indispensable resource for all karate practitioners.

 [Download Karate Fighting Techniques: The Complete Kumite ...pdf](#)

 [Read Online Karate Fighting Techniques: The Complete Kumite ...pdf](#)



# Karate Fighting Techniques: The Complete Kumite

By Hirokazu Kanazawa

## Karate Fighting Techniques: The Complete Kumite By Hirokazu Kanazawa

Hirokazu Kanazawa is the renowned karate master in the world today, and a close disciple of Gichin Funakoshi, the father of modern karate and founder of the Shotokan School. Having earned his impressive reputation in Hawaii, the mainland United States, and Europe as an official trainer for the Japan Karate Association, Kanazawa founded Shotokan Karate-do International Federation in 1979. This association now has branches in more than 90 countries throughout the world.

This book is Kanazawa's first complete guide to kumite, or sparring. The karate training process comprises four areas: basics, kata (forms; prearranged movements and techniques), kumite, and competition. Kumite—"the art of grappling with opponents," as it might be called—is the application of kata, and is the key to success in karate tournaments.

*Karate Fighting Techniques* teaches all the various kumite techniques, and presents a systematic approach to applied kumite that is designed to provide essential information for match-style kumite and tournament kumite. The author also writes with great affection of his experiences with Master Gichin Funakoshi, and offers some insight into the true spirit and teachings of Shotokan karate.

With 700 photos of the author, his students, and some rare photos of the late Gichin Funakoshi and his famous disciple Masatoshi Nakayama (author of the popular *Best Karate* series), *Karate Fighting Techniques* is the first book of its kind to provide such a comprehensive guide to kumite and its role in Shotokan karate. It will be an indispensable resource for all karate practitioners.

## Karate Fighting Techniques: The Complete Kumite By Hirokazu Kanazawa Bibliography

- Sales Rank: #2468463 in Books
- Brand: Brand: Kodansha USA
- Published on: 2004-04-09
- Original language: English
- Number of items: 1
- Dimensions: 7.60" h x .80" w x 10.30" l, 1.77 pounds
- Binding: Hardcover
- 200 pages



[Download Karate Fighting Techniques: The Complete Kumite ...pdf](#)



[Read Online Karate Fighting Techniques: The Complete Kumite ...pdf](#)



## Download and Read Free Online Karate Fighting Techniques: The Complete Kumite By Hirokazu Kanazawa

---

### Editorial Review

#### About the Author

HIROKAZU KANAZAWA, president of Shotokan Karate-do International Federation, carries on the spirit and techniques of his teacher, Gichin Funakoshi. Born in 1931 in Iwate prefecture, Japan, Mr. Kanazawa began practicing karate as a student at Takushoku University and, after graduation, became an instructor for the Japan Karate Association. He has earned many titles in competition, winning first place in kumite at the first Japan Karate Championship in 1957, and taking top honors in both kumite and kata the following year at the second Japan Karate Championship. His long career as a chief instructor dates back to 1960, when he was invited to teach in Hawaii. He has also taught elsewhere in the United States and throughout Europe. In 1979, he founded Shotokan Karate-do International Federation, which now has branches in over 90 countries. Mr. Kanazawa is the author of *Karate-My Life* and several books in Japanese on karate.

RICHARD BERGER was born in Rochester, New York, in 1963 and began training in Shotokan karate in 1982 while attending university in Southern California. He moved to Tokyo in 1990 and has been training at SKIF headquarters since 1993.

### Users Review

#### From reader reviews:

##### France Brown:

Hey guys, do you wishes to finds a new book you just read? May be the book with the title Karate Fighting Techniques: The Complete Kumite suitable to you? The actual book was written by famous writer in this era. Often the book untitled Karate Fighting Techniques: The Complete Kumiteis the one of several books this everyone read now. This specific book was inspired a lot of people in the world. When you read this reserve you will enter the new age that you ever know prior to. The author explained their strategy in the simple way, and so all of people can easily to recognise the core of this guide. This book will give you a large amount of information about this world now. To help you see the represented of the world on this book.

##### Mildred Lucas:

The reason why? Because this Karate Fighting Techniques: The Complete Kumite is an unordinary book that the inside of the guide waiting for you to snap the item but latter it will zap you with the secret it inside. Reading this book alongside it was fantastic author who write the book in such wonderful way makes the content inside easier to understand, entertaining approach but still convey the meaning completely. So , it is good for you for not hesitating having this anymore or you going to regret it. This amazing book will give you a lot of benefits than the other book include such as help improving your talent and your critical thinking way. So , still want to postpone having that book? If I were being you I will go to the guide store hurriedly.

**Angela Yoder:**

Playing with family in a park, coming to see the water world or hanging out with pals is thing that usually you may have done when you have spare time, and then why you don't try matter that really opposite from that. 1 activity that make you not experience tired but still relaxing, trilling like on roller coaster you have been ride on and with addition info. Even you love Karate Fighting Techniques: The Complete Kumite, you can enjoy both. It is good combination right, you still would like to miss it? What kind of hang type is it? Oh can happen its mind hangout guys. What? Still don't obtain it, oh come on its named reading friends.

**Lisa Loo:**

As a student exactly feel bored to reading. If their teacher expected them to go to the library or even make summary for some guide, they are complained. Just small students that has reading's spirit or real their interest. They just do what the professor want, like asked to go to the library. They go to at this time there but nothing reading critically. Any students feel that studying is not important, boring in addition to can't see colorful photographs on there. Yeah, it is to be complicated. Book is very important in your case. As we know that on this era, many ways to get whatever we would like. Likewise word says, many ways to reach Chinese's country. Therefore , this Karate Fighting Techniques: The Complete Kumite can make you truly feel more interested to read.

**Download and Read Online Karate Fighting Techniques: The Complete Kumite By Hirokazu Kanazawa #LGZTU6M5R0H**

# **Read Karate Fighting Techniques: The Complete Kumite By Hirokazu Kanazawa for online ebook**

Karate Fighting Techniques: The Complete Kumite By Hirokazu Kanazawa Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Karate Fighting Techniques: The Complete Kumite By Hirokazu Kanazawa books to read online.

## **Online Karate Fighting Techniques: The Complete Kumite By Hirokazu Kanazawa ebook PDF download**

**Karate Fighting Techniques: The Complete Kumite By Hirokazu Kanazawa Doc**

**Karate Fighting Techniques: The Complete Kumite By Hirokazu Kanazawa MobiPocket**

**Karate Fighting Techniques: The Complete Kumite By Hirokazu Kanazawa EPub**

**LGZTU6M5R0H: Karate Fighting Techniques: The Complete Kumite By Hirokazu Kanazawa**