



The Essentials of Real Love Workbook

By Greg Baer

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The Essentials of Real Love Workbook By Greg Baer

This is the companion workbook to the Essentials of Real Love DVD or CD. In the workbook Greg teaches additional principles of Real Love, but more importantly he provides questions, examples and exercises that will change your life. This is where you learn the practical application of Real Love. You will learn the secret of finding and giving Real Love, how to speak the language of Telling the Truth, how to eliminate anger and fear from your life, how to discover the joy you've always wanted, and new principles about how to better love others. With Real Love, nothing else matters; without it, nothing else is enough.

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The Essentials of Real Love Workbook By Greg Baer Bibliography

- Sales Rank: #1647256 in Books
- Published on: 2005-09-01
- Number of items: 1
- Binding: Spiral-bound
- 462 pages

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Editorial Review

Review

I have read all the books and heard all the great speakers, but Greg just blew me away! Real Love is the missing piece. What a seminar. What a presenter! This has changed my life. Thank you. --A Smith, Georgia

Watching the DVD's along with this workbook are essential just as the title says. Essential to changing your life. There is no-one else who teaches like Greg and he has found the one key that everybody else misses or does not understand. Greg explains how the missing ingredient -unconditional love - can be learnt about and implemented in all our lives - we just have to know about it first and then practise it first. This workbook gives practical examples of what we should all be doing to change our marriages, our relationships, the happiness of our children and ultimately our own happiness. Everyone on the planet needs to learn this stuff --P Uglow, UK

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About the Author

For twenty years, Greg Baer, M.D. was a highly successful surgeon, teacher, civic and church leader, and entrepreneur. He taught in medical schools, lectured other physicians, and accumulated wealth and respect. But despite all those accomplishments, he felt empty and unhappy. He became a drug addict and nearly committed suicide. In his subsequent search for genuine happiness, he learned some principles that have changed the lives of hundreds of thousands.

After Dr. Baer retired from one of the busiest solo ophthalmology practices in the United States, he began a new career of writing, teaching, and speaking. He has:

Written many books about relationships, marriage, and parenting. *Real Love - The Truth About Finding Unconditional Love and Fulfilling Relationships* AND *Real Love in Marriage - The Truth About Finding Genuine Happiness Now and Forever* were published by Gotham Books, a division of Penguin Group (USA) Inc.

Other books by Dr. Baer include: *Real Love in the Workplace* *The Power of Real Love - How Real Love Has Changed Real Lives* *Real Love for Wise Men and Women - The Truth About Sharing Real Love* *Real Love in Dating - The Truth About Finding the Perfect Partner* *Real Love in Parenting - Nine Simple and Powerfully Effective Principles for Raising Happy and Responsible Children* *Real Love and Freedom for the Soul - Eliminating the Chains of Victimhood*

Produced the three-CD audio series, *The Truth About Love and Lies*

Produced the 6 DVD set (and CD set) with Workbook, *The Essentials of Real Love*

Appeared on over 1500 radio and television programs from coast to coast.

Counseled personally with thousands of individuals and couples, sharing with them the benefits of Real Love.

Conducted seminars and corporate trainings and delivered speeches to audiences across the country where he has taught the principles of Real Love.

Developed a comprehensive website which allows visitors and subscribers to continue their Real Love

education in multiple ways, including daily video coaching, online video webcasts, moderated chat rooms and much more.

Dr. Baer and his wife, Donna, are the parents of seven children and live in Rome, Georgia.

Users Review

From reader reviews:

John Lopez:

What do you regarding book? It is not important along with you? Or just adding material when you require something to explain what yours problem? How about your spare time? Or are you busy man? If you don't have spare time to try and do others business, it is make one feel bored faster. And you have free time? What did you do? Everybody has many questions above. They need to answer that question due to the fact just their can do in which. It said that about e-book. Book is familiar in each person. Yes, it is proper. Because start from on jardín de infancia until university need this kind of The Essentials of Real Love Workbook to read.

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Joseph Bateman:

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Norma Wilson:

Playing with family inside a park, coming to see the marine world or hanging out with good friends is thing that usually you could have done when you have spare time, then why you don't try factor that really opposite from that. 1 activity that make you not sense tired but still relaxing, trilling like on roller coaster you have been ride on and with addition associated with. Even you love The Essentials of Real Love Workbook, you could enjoy both. It is fine combination right, you still desire to miss it? What kind of hangout type is it? Oh occur its mind hangout men. What? Still don't have it, oh come on its called reading friends.

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