



# Theory, Practice, and Trends in Human Services: An Introduction

By Edward S. Neukrug

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Neukrug's easy-to-understand, comprehensive overview of the human services distinguishes itself from other texts through its experiential emphasis, unique use of personal vignettes, and focus on the development of the helper. Critical topics covered that deepen students' understanding of the field include: history, theory, helping skills, standards in the profession, group counseling, family counseling, community systems, research and assessment, normal and abnormal development, career issues, and multicultural awareness.

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"An excellent overview of the field that brings a solid sense of identity to the profession and would recommend it heartily."

"Neukrug does a good job of orienting students to the Human Services profession by offering them a text which provides a good balance of developmental theories, practice skills, research and evaluation methods, and career information for the present as well as future trends. It is the only text I have seen which covers such a broad array of topics."

#### **About the Author**

Edward S. Neukrug is the former Chair of the Department of Educational Leadership and Counseling and currently Professor of Counseling and Human Services at Old Dominion University, Dr. Edward S. Neukrug has taught counselor education and human services for over thirty years. In addition, he has worked as a substance abuse counselor, a counselor at a crisis center, an outpatient therapist at a mental health center, an associate school psychologist, a school counselor, and as a private practice psychologist and licensed professional counselor. Dr. Neukrug has written dozens of articles and chapters in books, has authored eight books, and was the editor of **THE SAGE ENCYCLOPEDIA OF THEORY IN COUNSELING AND PSYCHOTHERAPY**. Books he has written include: **EXPERIENCING THE WORLD OF THE COUNSELOR: A WORKBOOK FOR COUNSELOR EDUCATORS AND STUDENTS** (4th Edition); **COUNSELING THEORY AND PRACTICE; SKILLS AND TECHNIQUES FOR HUMAN SERVICE PROFESSIONALS**; and **ESSENTIALS OF TESTING AND ASSESSMENT FOR COUNSELORS, SOCIAL WORKERS, AND PSYCHOLOGISTS** (3rd Edition). He has also developed DVDs that demonstrate counseling skills and techniques, an interactive website where users can "meet" major theorists of counseling and psychotherapy and learn more about them and their theories ([www.odu.edu/~enekrug](http://www.odu.edu/~enekrug)), and an interactive survey where one can identify his or her view of human nature (<http://ww2.odu.edu/~enekrug/therapists/survey.html>).

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