



Too Blessed to be Stressed: 3-Minute Devotions for Women

By Debora M. Coty

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Editorial Review

About the Author

Debora M. Coty is a popular humorist, speaker, and award-winning author of numerous inspirational books, including the bestselling *Too Blessed to be Stressed* line. Deb considers herself a tennis junkie and choco-athlete (meaning she exercises just so she can eat more chocolate). A retired piano teacher and orthopedic occupational therapist, Debora currently lives, loves, and laughs in central Florida with her husband Chuck and three adorable grandbuddies who live next door. Deb would love to connect with you on Facebook, Twitter, and Instagram, and her *Too Blessed to be Stressed* blog at her website, www.DeboraCoty.com. While you're there, sign up for her free e-newsletter!

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